

FROM:



BROOKLINE COMMUNITY AGING NETWORK
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For immediate release, please

BROOKLINECAN (Brookline Community Aging Network) PRESENTS
EVERYTHING YOU EVER WANTED TO KNOW ABOUT ELDER CARE
(BUT WERE AFRAID TO ASK)
THURSDAY, MAY 15, 6:00 – 8:00 PM AT BROOKLINE SENIOR CENTER

Brookline residents of all ages will have a rare opportunity to ask questions about home-based services and residential options for older adults from elder care experts on Thursday, May 15. This FREE event will be presented by BrooklineCAN (Brookline Community Aging Network) from 6:00 to 8:00 pm at the Brookline Senior Center, 93 Winchester Street, Brookline. A short hors d'oeuvres reception will be held at 5:30 pm

To register for this free event, please call 617-730-2770.

Ann L. Hartstein, Secretary, Massachusetts Executive Office of Elder Affairs, will moderate the event. The panel includes Ruthann Dobek, Director, Brookline Council on Aging; John Moniz, Executive Director, Goddard House Assisted Living; Rhonda Glyman, Executive Director, Center Communities of Brookline; Paul Hollings, Administrator, Coolidge House Skilled Nursing and Rehabilitation Center; and Ellen Lash, Director of Healthcare Operations, Jewish Family and Children's Services.

Some of the questions that will be addressed at the event include:

- What are existing and "new models" of eldercare?
- What resources are unique to Brookline and Massachusetts?
- How can I determine what kind of support is best for me?
- Where can I find quality help when I need it?
- What does it cost? Is there financial support, state support, subsidies or discounts available?
- What support is provided to caregivers – both paid and family members?

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Guests are encouraged to ask questions prior to and at the event. Questions may be sent to Ruthann Dobek by email at rdebek@brooklinema.gov or by phone 617-730-2756. All questions will be considered by the panel and/or other experts who may be in attendance.

America's older adult populations will reach 72 million or nearly 20 percent of the population in 2030. In Brookline, according to the 2010 census, 24 percent of the population -- or 14,182 residents -- are over the age of 55. Town residents, between the ages of 55 and 64, have increased by 40 percent since 2000.

BrooklineCAN (Brookline Community Aging Network), in partnership with Brookline Adult and Community Education, and with its founding members: the Brookline Council on Aging; Center Communities of Brookline/Hebrew Senior Life; Goddard House Assisted Living; and Jewish Family & Children Services, are sponsoring this event.

Affiliated with the Brookline Senior Center, BrooklineCAN is an all-volunteer organization which enables older residents to remain independent and fully engaged in the life of the community. The organization advocates on behalf of Brookline's older residents, works with town agencies on behalf of Brookline's seniors, provides ways for members to contribute to the community, and in general acts to make Brookline an even better place to live for people of all ages.

For additional information about Brookline Community Aging Network and to request a copy of BrooklineCAN's informative monthly newsletter, visit <http://www.brooklineCAN.org> or call 617-730-2777.

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